

PM3 Monitor / PM4 Monitor

Comparison Chart

Feature	PM3	PM4
		
<p>"No touch" on and off (Rowing turns monitor on automatically. Monitor turns off after several minutes of inactivity)"</p>	Yes	Yes
<p>Self-calibrating (enables accurate and consistent tracking of performance)</p>	Yes	Yes
<p>Display</p>	<p>Bitmapped Monochrome, 3"x3" active area, 160x160 resolution</p>	<p>Bitmapped Monochrome, 3"x3" active area, 160x160 resolution</p>
<p>Onboard memory</p>	1Mb Flash	2Mb Flash
<p>32k Removable memory card (32k LogCard stores workout data and personal preferences for up to 5 users)</p> 	included	included
Display options		
<p>All data—Review all your performance data on one screen</p> 	Yes	Yes
<p>Force Curve—Analyze your stroke in real time</p>	Yes	Yes

		
Pace Boat—Pace yourself or race against a previous workout 	Yes	Yes
Bar Chart—Plot your output or heartrate on each stroke 	Yes	Yes
Large Print—Easy to read simplified display 	Yes	Yes
Games included	The Fish Game	<ul style="list-style-type: none"> • The Fish Game • Darts • Target Training

Heart Rate Monitoring Options

Polar-Heart Rate belt compatibility	Yes (Requires optional Polar receiver available from Concept2)	Yes (Requires optional Polar receiver available from Concept2)
Suunto 't6/t3' Heart Rate belt compatibility	Not compatible	Supports wireless communication with Suunto HR belt (1 Suunto HR belt included with every PM4)

Rowing Machine to Rowing Machine Race Options

PC based machine to machine racing up to 80 machines	Requires connection cables, PC, additional software and hardware.	Requires connection cables, PC and additional software.
Direct machine to machine racing using no additional PC (up to 8 machines)	No	Yes, with optional RJ45 cables
Direct machine to machine	No	Yes

wireless racing (no cables or PC required. Up to 8 machines)		
Power Supply		
Works with Rechargeable Battery Pack.	No	Yes (included)
Rowing recharges Concept2 PM4 battery pack	No	Yes on Model E rowing machines and Model D machines manufactured from December 1, 2006 to present. (Battery pack may also be recharged by connecting the PM4 to a PC through the USB port.)
Power Saving Features—Rowing provides supplemental power to extend battery life.	Yes (requires Model D or Model E rowing machine)	Yes (requires Model D or Model E rowing machine)
Works with Standard D-cell Batteries—(non-rechargeable)	Yes (included)	Yes (not included)
Future Upgrades possible—Increased memory capacity to allow for future expansion and additional features.	No	Yes
Connectivity		
USB port (allows monitor to be connected to a PC for data analysis and use with third party software.)	Yes (15' USB cable included)	Yes (15' USB cable included)
'ANT' Wireless and RJ45 connection for PC-less racing	No	Yes