

FUNCTION OVERVIEW



ONYX

**CLASSIC
BALANCE**

EASY

FIT

PRO

Digital and coded transmission	✓	✓	✓	✓
Indicated values during a training session				
→ Heart rate	✓	✓	✓	✓
→ Zone graphic	✓	✓	✓	✓
→ Type of training with remaining time			✓	✓
→ Heart rate in % of max. HR		✓	✓	✓
→ Total time	✓	✓	✓	✓
→ Average heart rate	✓	✓	✓	✓
→ Highest heart rate (Max HR achieved)		✓	✓	✓
→ Calorie counter	✓	✓	✓	✓
→ Clock	✓	✓	✓	✓
TRAINING MENU (selectable training sessions)				
Training sessions (based on max. HR or IAT)				✓
General training				
→ Free training with 3 HR zones			✓	✓
→ Free training with 1 HR zone	✓	✓		
→ Lap counter (50 laps)			✓	✓
→ Marathon competition (all distances)				✓
→ Fit Test (VO ₂ max Rockport test)			✓	
Endurance training				
→ 3 Endurance trainings (pre-programmed)				✓
→ Own endurance (free programmable)			✓	✓
Interval training				
→ Extensive Interval (pre-programmed)				✓
→ Intensive Interval (pre-programmed)				✓
→ Own Interval (free programmable)				✓
TIME MENU				
→ Clock*, date*, stopwatch*, countdown, alarm	✓*	✓	✓	✓



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MEMORY MENU

Total values

→ Total values per month, per week, since reset

Memory

→ Memory for 7 training sessions

→ Memory for 1 training session

SETTING MENU

Setting: user

→ Personal parameters for calculation of HR max

→ Manually adjustable HR zones

→ Individual anaerobic threshold (IAT)

Setting: unit

→ 5 languages

→ Date and clock

→ Tone settings

→ Personalization by „My Name“ function

Setting: training

→ Setting of own endurance training

→ Setting of own interval training

→ Adjustable training zone (Fat, Fit, Own)

OTHER FEATURES

→ Intuitive menu navigation

→ Backlight

→ Quick change battery compartment

→ Storage of pre-set values in case of battery change

→ Water resistant